

# Homemade Vegan Granola



## Ingredients

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- 2 cups rolled oats
- 1 cup desiccated coconut
- 1 cup walnuts, finely chopped
- 2 tbsp hemp seeds
- 2 tbsp ground flaxseed
- 1 tsp cinnamon
- 2 tbsp olive oil
- 1/3 cup maple syrup
- 1 tsp vanilla extract
- OPTIONAL: Dried fruits (apricot, sultanas, dates etc.), sliced

## Method

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- In a large bowl, add oats, desiccated coconut, walnuts, hemp seeds, flaxseeds and cinnamon. Mix to combine
- In a small saucepan, add olive oil, maple syrup and vanilla extract and cook on a low heat until heated through.
- Add sauce mixture to dry ingredients and mix to combine
- Place mixture on a baking tray and spread evenly. Place in the oven at 160c for 90 minutes - stirring every 10 minutes
- Optional: add dried fruits to the mixture and stir

