

Vegan Kale and Cannellini Bean Dip



Ingredients

- 1 can cannellini beans, rinsed and drained
- 2 sprigs fresh rosemary
- 1 cup kale
- 1/2 tsp salt
- 2 garlic cloves, minced
- 3 tbsp extra virgin olive oil
- 5 tbsp nutritional yeast
- 3 tbsp lemon juice

Method

- Combine all ingredients in food processor and process on high until smooth.
- Add water or more oil if you are after a runnier consistency. Garnish with some pepper and pumpkin seeds

