

VEGAN PUMPKIN SOUP



Ingredients

- 1 brown onion, diced
- 1 butternut Pumpkin, diced
- 4 medium sized potatoes, diced
- 5 cups of vegetable stock
- 3 tbsp vegan butter
- Salt and pepper to taste

Method

- Add diced onion to a large pot, cooking until translucent.
- Add in diced pumpkin, potatoes and vegetable stock. Place lid on pot and allow to simmer. Cook until potatoes and pumpkin are soft. Take off heat
- Once slightly cooled, blend contents of pot until smooth.
- Return to a low heat, stirring in butter and salt & pepper.

